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Dear Patient,

Your PAP smear showed some Abnormal cells and it was reported ATYPICAL/LOW GRADE/HIGH GRADE SQUAMOUS INTRAEPITELIAL LESION OR LSIL/HSIL. These lesions have a premalignant, or precancerous potential. In order to further clarify the nature of your PAP smear, an HPV (Human Papilloma Virus) was requested. This was reported as NEGATIVE for HPV / HR (High Risk)+/16+!/8+.

Precancerous lesions of the uterine cervix are part of the Minimum Prescribed Benefit, MPB package.

These findings should be followed by further investigations in order to clarify the real nature of the findings and separate LSIL, which needs close follow up with repeat PAP smear in 6 months' time, from HSIL, which needs treatment.

The investigation of an abnormal PAP smear is carried out with specialised equipment, named COLPOSCOPE, in surgical theatre, under mild sedation. The Colposcopic examination is concluded with biopsies taken under local anaesthetic from the most typical lesions or regions, identified under magnification.

I have acquired the expertise and the equipment to perform this procedure in my own procedures room, therefore avoiding a ½ day admission to clinic, (10-15 000R), inclusive of 30 minutes minor procedure theatre time and anaesthetic fees (3-4000R).

The histological examination of the biopsy specimens gives us a final diagnosis, based on which the further management, repeat PAP smear for LSIL lesions or destructive procedures for HSIL will be recommended.

For pre-authorisation of this procedure, a PMB indication, please use the following codes:

The ICD10 code is N87.2

The Procedure codes are:

2429 Colposcopy

2399 Punch biopsy of the cervix

0010 Local anaesthetic

0202 Sterile tray

0201 disposables

0004 procedure performed in own procedure rooms, 2429 and 2399

0007 use of own monitoring equipment

Please read carefully this pamphlet and submit it to your medical aid for pre-authorisation, making sure that the procedure is authorised, therefore you will receive a refund for this minor procedure.

Further reading before signing an informed consent, after authorisation is obtained, can be found at RCOG.org, NICE.org or ACOG.org. Look for patient information, gynecology, PAP smears, HPV investigations, abnormal PAP smears, HPV 16 and 18, LSIL, HSIL, Colposcopy, Colposcopic biopsy, and management of LSI or HSIL.

Yours sincerely,

Dr E. P. Frohlich, 1605283

The Colposcopic examination.

The procedure is like having a PAP smear taken, it just takes longer. Video magnification and recording of the procedure is performed, and you can watch the examination while listening to explanations.

Take the day off work, a sick note will be provided. You will be able to resume normal activities the following day after the procedure.

Do not drive to the Clinic, use Uber or be driven for this procedure and back home.

Before the procedure you will be given 7.5mg of Valium, for mild sedation. It takes 30 minutes to work.

The procedure will take approximately 15 to 30 minutes.

1/2h after the procedure you can be driven home safely.

After the procedure a tampon will be left in the vagina, do not forget to remove it at home.

Expect a period type of mild bleeding and a PV discharge for a few days following the procedure.

We do not recommend sexual intercourse while discharging (one week).

Some mild pain killers (Mypaid forte) will be prescribed, two capsules orally, to be taken 8 hourly, if necessary.

Should you experience excessive bleeding, you might have to call me on my all hours emergency number,

082 4477 597. I might have to examine you or admit you for the insertion of a plug or suturing of the bleeding point. This is a rare complication.

The results of the biopsy will be available within 7 working days. Based on the results, LSIL or low-grade lesions will be monitored with a follow up PAP smear in 6 months' time. HSIL or higher-grade lesions will be removed or destroyed under GA (general anaesthesia). This will be followed up by a repeat PAP smear 6 months' later.

Once authorised, you will have to come and sign a consent for this procedure, after I have answered all your queries regarding the procedure, inclusive of costing.

Regards,

Dr Frohlich