

Dr. E. P. Fröhlich

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SUNNINGHILL HOSPITAL

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WELCOME to my Gynaecological practice situated in Sunninghill Hospital, West Wing, Ground Floor Room 22. I practice only from Sunninghill Hospital, and please enquire from your medical aid whether me and this Clinic are on your list of service providers.

Appointments are booked with Sam, my Personal Assistant, at 011 234 3280/1 during office hours, or by emailing Reception at accounts@yourbaby.info, all hours.

Office Hours: Monday to Friday, 08-30 to 15-30, Tuesday and Wednesday mornings only. After hours emergencies are managed in Sunninghill Casualty or Maternity, respectively. I can be contacted at all hours on my emergency number: 0824477597. In case of emergency please proceed to Sunninghill Casualty or Maternity, from where me or my locum colleague will take over the management.

Main Interests, besides well woman general Obstetrics and Gynaecology, are:

- Colposcopy, or investigation and minimally invasive management of precancerous lesions of the cervix
- Obstetrical and Gynaecological Ultrasound
- Management of Menopause, inclusive diagnosis with DEXA bone densitometry of Menopausal Osteoporosis
- Alternative management of mild urinary incontinence prolapse, and vaginal laxity or dryness with CO2 LASER, high intensity focused ultrasound, HIFU, and alternative medical treatment with compounded preparations.

Patients are notified by SMS, when the results of the tests are normal. I personally discuss any abnormal findings telephonically with you.

Please do not reply to our messages on the emergency number. For accurate commenting, results are discussed strictly during office hours, via the reception, when your file and the results are in front of me. We reply and send reports and prescription by email, and we answer requests emailed to Reception, at accounts@yourbaby.info, However, due to considerations related to the POPPI act, we restrict correspondence and no medical information or management is conducted by email.

All visits and procedures must be settled after they have been performed, and any enquiries should be addressed to Sam, my personal assistant on booking. Once settled, you should submit the statements to your medical aid for refund. The refund will depend on the plan, option, savings and funds available, on your chosen cover.

I do Not practice Infertility, Oncology, and major surgery

I do Not correspond professionally on ANY form of social media.

I do Not conduct any professional activity or communication on social media, email, watsapp, SMS, wechat, etc

The 12- and 20-weeks Obstetrical Ultrasound is a very serious and responsible professional service. We make it a personal, even a familial event.

Records are kept safely, and images are available for 12 months for download on USB devices. Please bring a USB flash drive to the examination.

On arrival to my office, please link up with my wireless network, DrFrohlich, the password is DrFrohlich@4321. On android devices you can download Hello Mom. Once all the details are completed, I can download all the video clips, pictures and tables to the App. Unfortunately, iPhone users should have a USB flash drive.

Colposcopy is an examination of the uterine cervix with specialised digital magnifying equipment and HD photographic storage of the pictures of the uterine cervix can be performed in rooms or in the OT with a light sedation, during a half day admission.

Menopause management and DEXA bone densitometry is done at the time of the visit, when indicated. The examination takes 10 minutes, results are available instantly and in case of Osteoporosis, management can be initiated instantly.

Early vaginal prolapse, mild urinary incontinence, and hormonal vaginal dryness are common symptoms in healthy women. The management of these conditions is often difficult. Physiotherapy, counselling and medical management is often inadequate, and surgery might be recommended. Before embarking on invasive surgery, Laser Vaginal Tightening, LVT and Rejuvenation, LVR can be performed as an alternative, minimally invasive, office procedure. I have the equipment and extensive experience in both CO2 LASER and High Intensity Focussed Ultrasound, HIFU management of these conditions. Due to the cosmetic connotation, sexual and alternative nature of these procedures, medical aids are not refunding these procedures. There is extensive literature and information is available on the net and the YouTube. Please read and watch only medical and reputable information. I am available to discuss these issues in detail.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'E. P. Frohlich', with a large, sweeping flourish above the name.

Dr E. P. Frohlich